

# ***CONTENT SHOWCASE***

Featuring Content from :



FIJIAN  
BROADCASTING  
CORPORATION



▶ ***Embracing colours of Diversity***

▶ ***Reaching New Audiences***

▶ ***Local to Global***



+6016-6028568



admin@aibd.org.my



@myaibd



www.aibd.org.my

# CONTENTS



## **FIJIAN BROADCASTING CORPORATION (FBC)**

- 01... Exotic Delights
- 02... Extra Tasty
- 03... Kana in 60s



## **EDUCATIONAL BROADCASTING SYSTEMS (EBS)**

- 04... Mating Machine
- The Sixth Mass Extinction



## **KOREAN BROADCASTING SYSTEM (KBS)**

- 05.... Bravo, My Life
- It's Beautiful Now
- The King's Affection
- The King of Tears, Lee Bangwon
- Love Twist
- Kiss The Universe
- 06... 23.5
- Isolated Paradise
- The Enchanting Silk Road
- FanFest : To My Star
- Comedy Survival Stage Turn
- No Impact Day



## **MEDIACORP**

- 07... Inside Maximum Security
- 09... Old Taste Detectives 3
- 11... Sisters Stand Tall
- 13... Sunny Side Up
- 15... Tender Loving Food
- 17... The Unbreakable Bond



## **RADIO TELEVISYEN MALAYSIA (RTM)**

- 19... Chiki Boom
- Panorama
- Simfoni Alam
- Syahadah
- Konsert Orang Kita
- Apartment Putra





Our beautiful Fiji Islands are blessed with an abundance of fresh and nutritious foods. But with huge influence from the media, importation of international products and our changing lifestyle, processed foods have taken over our diets. In every season of Exotic Delights, Chef Last Seeto explores various ways of introducing Fijians to the cuisines of the world by localizing it using local ingredients and cooking methods.



YOU'RE NO. 1 WITH US





FIJIAN  
BROADCASTING  
CORPORATION



Host

**Lailanie  
Burnes**



Thirteen local cooks from around Fiji demonstrate preparation of some of their favorite recipes using high quality local and international ingredients available at Extra Supermarket in Fiji. This program gives them an opportunity to share secret ingredients, tips and tricks, while getting exposure on national television.

This 24minute show encompasses introduction to the cook, shopping for ingredients, cooking and taste testing. Doing all this while showcasing the talent of the cook and also the vast variety of products available at the Extra Supermarkets.







FIJIAN  
BROADCASTING  
CORPORATION



## KANA IN 60s



EPISODES  
**235 & COUNTING**  
DURATION  
**1 MIN**  
LANGUAGE  
**ENGLISH**  
GENRE  
**COOKING**

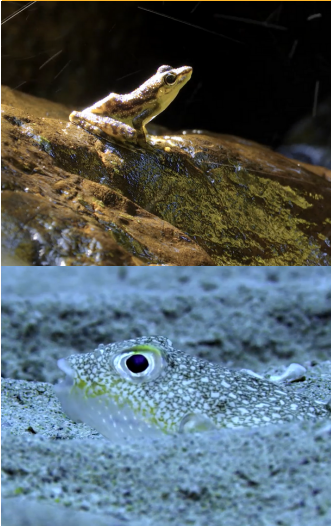


FBC TV brings you a 60 seconds demonstration to cook mouth-watering, healthy and balanced recipes. All this using locally available ingredients to prepare popular international and local dishes.

Kana in 60 Seconds is informative, entertaining, and simple enough for all Fijians to follow from the comfort of their homes.



YOU'RE NO. 1 WITH US



## MATING MACHINE

(4K, UHD, 50 MINS., 2 EPISODES)

Why are males more outstanding in their physical appearance? Why are females so picky in choosing their mates? Why do we do things that have nothing to do with our survival? We search for the answers by delving into the lives of plants, insects, fish, mammals, birds, and primates of the world. The true winner of the battlefield of evolution is not the ones that survive, but the ones that succeed in mating. We have evolved into both surviving machines and mating machines.

Part. 1, Males: If he fails to mate, his genes will disappear. These males that cannot give birth to offspring must do their best to be chosen by females and battle.

Part 2, Females: Looks into the birth of females that hold the steering wheel of evolution and the secret behind it.

## THE SIXTH MASS EXTINCTION

Those are the words from the Sixth Assessment Report of the 2021 UN IPCC by scientists summing up the impact of various human activities on Earth. Humanity had not taken heed of the extended warnings from scientific circles, and other species on Earth are now in the process of extermination, with humanity even battling nature for survival. There had been five mass extinctions throughout Earth's 4.6 billion-year history, and the "sixth mass extinction" is in progress now, with its instigator being humanity and not asteroid collisions or glacial epochs and such like that of the past five. This 5-part documentary visits the sites most representative of the crisis and records the ongoing conflicts between humanity and wild animals, while exposing the reality of mass extinction from the macroscopic perspective of the Anthropocene. Furthermore, it presents a warning on how humanity may also become an endangered species if such forms of destruction were to continue.





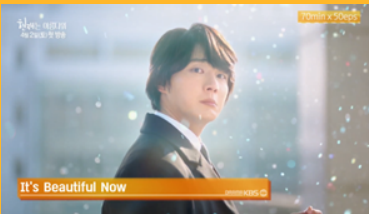


Bravo, My Life

## BRAVO, MY LIFE

(30 MIN X 120 EPS) **Drama**

Cha-Yeol, a good-looking man who comes from a rich family, falls in love with a sincere and imposing single mom Dong-Hee! Unfortunately, they get involved in a traffic accident, and this momentary traffic accident cause huge pain and chaos. KBS daily drama, armed with a love triangle romance, spicy twist and turn, and success story of the heroine who you'd want to support.

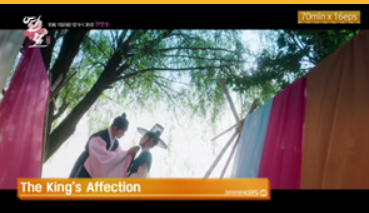


It's Beautiful Now

## IT'S BEAUTIFUL NOW

(70 MIN X 50 EPS) **Drama**

Looking at the three sons Yoon-Jae, Hyun-Jae and Soo-Jae who seem to have no idea of marriage, Min-ho and Kyung-Ae couple and grandfather Kyung-cheol can't stop worrying. Min-ho, who wanted to give a family to his father, Kyung-cheol, who adopted and raised himself, decides to give an apartment to the kid who brings his marriage partner within six months. In the words of his father, the three sons set their eyes on fire and began looking for a marriage partner. High viewer ratings guaranteed! KBS weekend drama.



The King's Affection

## THE KING'S AFFECTION

(70 MIN X 16 EPS) **Drama**

What if there was a king who had to rise to the throne and be completely erased from history? The misfortune king who had to live while hiding her secret, and a man who loved her. A secret imperial romance drama in which a child born as a twin and got abandoned because she is a girl disguises herself as her twin brother to hide the death of the crown prince.



The King of Tears, Lee Bangwon

## THE KING OF TEARS, LEE BANGWON

(50 MIN X 32 EPS) **Drama**

In 1388 AD, Goryeo general Yi Seonggye turned the military on Wiwha-do to cause a political change and seized power. Yi Bangwon, son of Yi Seonggye, killed Jung Mongju and defended Yi Seonggye as king in order to survive in this confrontation. In 1392, the Joseon dynasty began that way, and the struggle continued in the new dynasty. Eight years later, in the bloody fight with his brothers, Bangwon won the battle and finally became king. Can Bangwon be the "king for the people" as he dreams of? KBS luxury historical drama revived for the first time in 5 years.



Love Twist

## LOVE TWIST

(40 MIN X 100 EPS) **Drama**

Okhee and Heeok, who were friends and became enemies, had a daughter Oh Sori and a son Park Haru, respectively. Sori and Haru have grown love from an early age without their parents knowing. One day, Sori's father Kwangnam and Haru's Mother Heeok started to have an affair. Nevertheless, Sori and Haru, who couldn't give up on each other, decide to go to America... The day before her departure, Sori hears her father Kwangnam is Haru's real father. Messed up drama that relationships between family members are twisted and strained.



Kiss The Universe

## KISS THE UNIVERSE

(50 MIN X 2 EPS) **Documentary**

This time it's the universe! From the forefront of human civilization to the immersive scene where the secrets of the universe are unraveled, the face-to-face with the people of the topic, and the CGI & VFX quality that maximizes the reality of the universe and dinosaurs! A documentary that explores the mysterious appearance of the universe in a romantic and fun way.



## 23.5

(60 MIN X 4 EPS) **Documentary**

Exquisite tilt, 23.5 degrees, neither too big nor too small. The tilt of the earth gives us a miraculous rhythm. It taught us the frozen South Pole and the North Pole, the heat on the equator that stretches all over the world, and the flow and direction of human civilization as if it had been cut out. It is a large-scale documentary that explores the rhythm created by the exquisite inclination.



## ISOLATED PARADISE

(60 MIN X 2 EPS) **Documentary**

A global program for civilizations and those who choose to be isolated outside the city. A story of people who create their own paradise and live in nature. A documentary that explores what we are missing in the world of advanced technology through their lifestyle.



## THE ENCHANTING SILK ROAD

(60 MIN X 4 EPS) **Documentary**

Cha-Yeol, a good-looking man who comes from a rich family, falls in love with a sincere and imposing single mom Dong-Hee! Unfortunately, they get involved in a traffic accident, and this momentary traffic accident cause huge pain and chaos. KBS daily drama, armed with a love triangle romance, spicy twist and turn, and success story of the heroine who you'd want to support.



## FANFEST : TO MY STAR

(60 MIN) **Entertainment**

Beyond the memes among the MZ generation, 'Joojeop' is the latest trend towards stars that has become a culture. There is no age limit on Joojeop! A new-concept talk variety that invites the 'Joojeop Group', who lives a new life with fangirling, and promotes understanding of fangirling with the hidden story.



## COMEDY SURVIVAL STAGE TURN

(120 MIN X 18 EPS) **Entertainment**

A brilliant revival of terrestrial comedy! Those who want to survive, make the whole nation laugh! Only one team will rise to the comedy throne by popular vote! Who will be the final 'winner'? KBS' first comedy survival.



## NO IMPACT DAY

(70 MIN X 10 EPS) **Entertainment**

A fictional town where all economic values are determined based on "carbon". Staying without a trace in nature and challenging a carbon-free life, a great environment variety! Hyojin Gong, Chun-hee Lee, and Hye-jin Jeon, who are newbies in the entertainment industry who genuinely care about the environment, try to live a zero carbon life.





## DOCUMENTARIES / FACTUAL HUMAN/SOCIAL INTEREST

### Inside Maximum Security

5 hardened criminals, 1 unique prison, in a ground-breaking observational documentary.

Singapore's Changi Prison is a concrete purgatory, spartan to the extreme. There are no beds, no pillows and no chairs in the cells. A shower is done stooping above a toilet hole. Humiliating strip searches are routine, as a matter of security. Yet, practiced in this prison are some of the most sophisticated methods to reform the hearts and minds of the most recalcitrant prisoners. So much so that Singapore's reoffending rates are among the lowest globally. Yet even at those low rates, at least 1-in-5 inmates are back in jail within 2 years after their release.

For the first time ever, six inmates, incarcerated multiple times and at least once at maximum security, agree to reveal their full identities, for our cameras to capture their lives behind bars, as they unfold. Will the regime in jail finally be enough for them to renounce a life of crime? Will this be their final stint in Changi Prison?

在一部开创性的观察纪录片中，5个顽固的罪犯，1个独特的监狱。

新加坡樟宜监狱是一个简朴混凝土炼狱。牢房里没有床，没有枕头，也没有椅子。淋浴在马桶洞上方弯腰完成。出于安全考虑，污辱性的脱衣搜查是例行公事。然而，在这个监狱里实行的是一些最复杂的方法来改造最顽固的囚犯的心灵和思想。如此之多，以至于新加坡的再犯罪率是全球最低的。然而，即使以如此低的比率，至少有五分之一的囚犯在获释后2年内回到监狱。

有史以来第一次，六名多次被监禁，至少在极大安全监狱被监禁一次的囚犯，同意透露他们的身份，让我们的摄像机捕捉他们在监狱里的生活。监狱里的政权最终是否足以让他们放弃犯罪生活？这将是他们在樟宜监狱的最后一段时间吗？

Language: English

#### For sales enquiries on content distribution:

Grace Chia [gracechia@mediacorp.com.sg](mailto:gracechia@mediacorp.com.sg)  
Pamela Teo [pamelaateoww@mediacorp.com.sg](mailto:pamelaateoww@mediacorp.com.sg)  
Tracy Sim [tracysim@mediacorp.com.sg](mailto:tracysim@mediacorp.com.sg)  
<http://contentdistribution.mediacorp.sg>

Episodes: 4 x 60 minutes  
Producer: Mediacorp Studios  
Distributor: Mediacorp





### Episode 1: Life In Lockdown

How hard is life in prison? We explore prison regime through the eyes of officers and inmates in Changi's Maximum-security prison. How does an inmate live in a single-man cell?

In this first episode, we enter a world behind bars to meet the inmates. We follow Graceson, a gangster who manages to get himself a new tattoo in prison and duly caned for it; Khai, a professional skateboarder who is just coming to terms with the loss of his career; Rusdi who is counting down to his release in 50 days using packets of snacks; And Boon Keng gets into trouble for keeping origami in his cell during a cell search.

### Episode 2: Keeping Bonds Beyond Bars

An inmate sentenced to maximum security prison has nothing more to lose. Or so some would think. But losing one's freedom is nothing compared to losing one's family.

We follow the residents of maximum security as they try to hang on to their relationships while in lockdown. Boon Keng attempts to reconnect with a daughter that he has not seen in years. Graceson's tough persona unravels when his wife stops coming to visit him. Iskandar comes to terms with saying goodbye to his family as a death sentence looms over his drug trafficking charge. And family problems drive Khai to spiral, leading him to consider suicide.

### Episode 3: Breaking Bad Habits

Life in maximum security is predictable.

It's rules, routines and rigor. No questions asked. No choices given.

But what happens when inmates step out into a world where they're free to make decisions?

Desperate to break his cycle of reoffending, Boon Keng takes matters into his own hands and seeks to confront his greatest obstacle. After being given a new lease of life, Iskandar grasps an opportunity he neglected in his childhood. Rusdi's loved ones try to dissuade him from returning to a career that sent him on a downward spiral. Under the supervision of psychologists, Khai revisits his dark past.

### Episode 4: Road To Freedom

In the finale, our inmates try to ready themselves for their eventual return to the real world beyond the gates of Changi Prison.

Graceson seeks help from a psychologist to prepare him for a call with his daughter, whom he has not spoken to for a year. Khai takes another step in managing his emotions, by counselling other inmates in managing theirs. Boon Keng is granted an interview for a programme that would see him serving the last third of his sentence in the community, but will he be able to convince his interviewers that he will not return to drugs? After 20 years, Iskandar is taking his 'O' levels again, how will he fare this time? Rusdi's will be released in a matter of days; will he be able to stay out of trouble, and get released as scheduled?





LIFESTYLE

FOOD

### Old Taste Detectives 3

Delicacies change over time and may differ from the original version. Although time can create tradition and authenticity but it can also change the original taste of the delicacies. The host will revisit the delicacies based on local traditional taste and reproduce the old taste through a chef.

**Hosts:** Kym Ng, Bryan Wong

### 古早味侦探 3

美食随着时空的推移，往往与最初的版本不同。虽说岁月可造就传统与正宗，但岁月的剥离，却让美食不再是最初的面貌。节目以传统的在地味道为基础，让主持人进行一次访古溯今的饮食体验，再通过一名厨师来重现古早味。

**主持人：** 钟琴，王禄江

Language: Chinese

For sales enquiries on content distribution:

Grace Chia [gracechia@mediacorp.com.sg](mailto:gracechia@mediacorp.com.sg)  
Pamela Teo [pamelaoww@mediacorp.com.sg](mailto:pamelaoww@mediacorp.com.sg)  
Tracy Sim [tracysim@mediacorp.com.sg](mailto:tracysim@mediacorp.com.sg)  
<http://contentdistribution.mediacorp.sg>

**Episodes:** 13 x 60 minutes  
**Producer:** Wawa Pictures  
**Distributor:** Mediacorp



### Episode 1: Hainanese Pork Chop

Hainanese Pork Chop is created by early Hainanese chefs in Nanyang by absorbing the essence of traditional Western food & infusing local elements & ingredients. Host Bryan & Chef Justin visit traditional Hainanese restaurants to learn the original flavour of the dish so as to recreate the old taste.

### Episode 2: Satay Bee Hoon

Satay Bee Hoon is a traditional Teochew delicacy that is seemingly humble but has complicated preparation process. Host Kym & Chef Dylan visit local Satay Bee Hoon stalls to learn the production method of the dish in early years & ingredients needed for satay sauce & try to recreate the old taste.

### Episode 3: Hakka Abacus Seed

Hakka Abacus Seed is a traditional dish eaten by the Hakka people in Dapu during festivals. This dish has a nice signification and profound cultural heritage. Host Bryan and Chef Brandon visit traditional eateries and Hakka foodies, so as to attempt to recreate the old taste of Hakka Abacus Seed.

### Episode 4: Teochew Fishball Noodle

Fishball Noodle is a local traditional Teochew dish. Host Kym & Chef Wu Si Han visit traditional eateries to learn the history & evolution of Fishball Noodle. To recreate the original version & taste of the dish, Chef Wu uses Ikan Parang & yellowtail fish to make fish balls & rice milk for noodles.

### Episode 5: Teochew Braised Duck Rice

Braised duck is a traditional Teochew dish & Teochew Braised Duck Rice is a local classic dish. Bryan & Chef Leon learn the tricks shared by the traditional eatery owners on how to remove fishy smell of duck meat & making the master stock & try to recreate the old taste of Teochew Braised Duck Rice.

### Episode 6: Hakka Salt Baked Chicken

Hakka Salt Baked Chicken is a traditional Hakka dish that uses salt to marinate & is baked with hot salt. The dish is created by Hakka ancestors in order to preserve food. Host Kym & Chef Jeremmy visit traditional eateries & Hakka foodies so as to recreate the old taste of Hakka Salt Baked Chicken.

### Episode 7: Rojak

Rojak, a "hodgepodge" snack that is very popular among locals, is said to be a Chinese salad with a Nanyang flavour. Host Bryan & Chef Genevieve visit traditional Rojak stalls as well as a youtiao factory, so as to recreate the old taste of Rojak based on research and inquiries from various parties.



### Episode 8: Cantonese Fried Hor Fun

Fried Hor Fun is one of the timeless Cantonese traditional delicacies. The usual local Fried Hor Fun is either the dry or wet version. Host Kym & Chef Alvin visit traditional restaurants & eateries as well as a Hor Fun factory, & finally recreate a plate of Fried Hor Fun full of wok hei & old taste.

### Episode 9: Teochew Pig Organ Soup

Teochews like the taste of fresh pig organs & pickled vegetables in the pig organ soup. With changes in eating habits, will this dish be able to keep the old taste? Host Kym & Chef Edmund visit traditional stalls to search for the rare ingredients & recreate the old taste of Teochew Pig Organ Soup.

### Episode 10: Hokkien Five Spices Bak Chang

Hokkien Five Spices Bak Chang is the most popular among various traditional bak chang. The savoury glutinous rice, pork & the five spices are the soul of this dish. Host Bryan & Chef Alvin analyse & reveal the secrets of the flavours & try to recreate the old taste of Hokkien Five Spices Bak Chang.

### Episode 11: Cantonese Siew Lup Rice

Siew Lup is a famous delicacy that was originated from Guangdong. Host Bryan & Chef Eddie visit traditional Siew Lup stalls to learn more about Siew Lup specialty shop & Siew Lup rice stalls. They decide to use their DIY grill oven made from oil tin to try to recreate the old taste of Siew Lup rice.

### Episode 12: Teochew Kueh

Teochew kueh plays an important part in the Chaoshan food culture. Teochew kueh is indispensable in most festivals, worshipping rituals or weddings & funerals. There are many Teochew Kuehs, but host Kym & Chef Bill will focus on trying to recreate the old taste of Soon Kueh, Png Kueh & Chi Kak Kueh.

### Episode 13: Hokkien Nghoh Hiang Fritters

Nghoh hiang fritters, a common term for a variety of fried snacks, were first sold by the Hokkiens. Production process is tedious & time consuming due to rich selection of ingredients. Host Bryan & Chef Melvyn visit traditional stalls to find & recreate the old taste of Hokkien Nghoh Hiang Fritters.



DELIVERING AWARD-WINNING  
CONTENT TO THE WORLD  
与世界分享优质内容



# 快跑吧 丽娇

SISTERS  
STAND TALL



No. 1  
丽娇

No. 2  
丽娇

No. 3  
丽娇

SCRIPTED

FAMILY



## Sisters Stand Tall

Three women with the same name but from three different parts of the world cross paths. From nemeses to best friends, they soon find out that sharing the same name does not lead to the same fate in life. Each carry their own hopes and dreams only to have them crushed time and again. As they endure life's challenges together and help each other overcome their problems, will they finally realise each of their own destiny?

**Cast:** Carrie Wong, Jin Meng Yang Zi, Jojo Goh, Andie Chen, Jeffrey Xu, Brandon Wong, Kayly

## 快跑吧，丽娇

三个名字相同但来自世界三个不同地方的女人狭路相逢。从敌人到最好的朋友，她们很快就会发现，共享同一个名字不会导致命运相同。她们个有自己的希望和梦想，却一次又一次地被粉碎。在一起承受生活中的挑战，互相帮助克服困难的同时，他们最终是否能领会各自的命运？

**演员：**黄思恬，金梦阳子，吴俐璇，陈邦望，徐鸣杰，黄炯耀，凯丽

Language: Chinese

### For sales enquiries on content distribution:

**Grace Chia** gracechia@mediacorp.com.sg  
**Pamela Teo** pamelateoww@mediacorp.com.sg  
**Tracy Sim** tracysim@mediacorp.com.sg  
<http://contentdistribution.mediacorp.sg>

Episodes: 21 x 60 minutes  
Producer: Mediacorp Studios  
Distributor: Mediacorp

Information correct at time of printing



DELIVERING AWARD-WINNING  
CONTENT TO THE WORLD  
与世界分享优质内容



Uniquely Singaporean, Uniquely Us.

# SUNNY SIDE UP

SCRIPTED

FAMILY



## Sunny Side Up

This social drama takes a true-to-life, honest look at Singapore's melting pot culture, exploring daily struggles, conflicts and social issues, while ultimately inspiring with light-hearted and uplifting tales that restore your faith in humanity. The story weaves around the lives of six unconventional families in a conventional neighborhood in Singapore as they navigate changing times and familial ties.

**Cast:** Gurmit Singh, Gina Tan, Syereen Islam, Pragadesh, Shawn Thia, Elise Thoo, Valnice Yek, Najip Ali, Siti Hajar, Salif Hardie, Yuslina, Laurence Pang, Chen Xiu Huan, Wang Yu Qing, Ling Ying, Marc Valentine, Xenia, Estovan, Cassandra See, Sharda, Chen Tian Wen, Siva Kumar

这部社会剧以真实、诚实的方式审视新加坡的大熔炉文化，探索日常斗争、冲突和社会问题，并以最轻松、振奋人心的故事激发灵感，重塑你对人性的信念。故事围绕着新加坡一个传统社区的六个非传统家庭的生活编织，他们在不断变化的时代和家庭关系中穿梭。

**演员:** Gurmit Singh, 吉娜, Syereen Islam, Pragadesh, 程家颀, Elise Thoo, 易佳德, Najip Ali, Siti Hajar, Salif Hardie, Yuslina, Laurence Pang, 陈秀环, 王昱清, 盧玲穎, Marc Valentine, Xenia, Estovan, 薛素珊, Sharda, 陈天文, Siva Kumar

Language: English

For sales enquiries on content distribution:

**Grace Chia** gracechia@mediacorp.com.sg

**Pamela Teo** pamelateoww@mediacorp.com.sg

**Tracy Sim** tracysim@mediacorp.com.sg

<http://contentdistribution.mediacorp.sg>

Episodes: 484 x 30 minutes  
Producer: Mediacorp Studios  
Distributor: Mediacorp

Information correct at time of printing





# Tender Loving Food

DOCUMENTARIES / FACTUAL

FOOD

## Tender Loving Food

We've got penang assam laksa, ragu tagliatelle, beef lung rendang... Fancy some desserts? We have cinnamon rolls, taosu cookies and fancy cocktails...and the list goes on.

Meet the individuals behind these delectable homemade comfort foods – budding home bakers and cooks, professional pizzaiolos and teenage masterchefs.

From Wuhan to Columbus USA, Milan to Malaysia, Tender Loving Food tells the still unravelling story of how people all over the world are coping with the pandemic by turning to their happy foods in the best way possible – by cooking them!

我们有槟城阿叁叻沙, ragu 意大利面, 牛肺rendang.....想吃点甜点吗? 我们有肉桂卷, 肉桂卷, 豆沙饼和花式鸡尾酒。。。等等。

认识这些美味自制舒适食品背后的人 - 萌萌自家烘焙师和厨师, 专业披萨师傅和青少年主厨。

从武汉到美国哥伦布, 米兰到马来西亚, Tender Loving Food讲述了世界各地的人们如何通过以最好的方式转向他们的快乐食物来应对疫情 - 通过烹饪!

Language: English

For sales enquiries on content distribution:

Grace Chia [gracechia@mediacorp.com.sg](mailto:gracechia@mediacorp.com.sg)  
Pamela Teo [pamelaoww@mediacorp.com.sg](mailto:pamelaoww@mediacorp.com.sg)  
Tracy Sim [tracysim@mediacorp.com.sg](mailto:tracysim@mediacorp.com.sg)  
<http://contentdistribution.mediacorp.sg>

Episodes: 8 x 30 minutes  
Producer: Very!  
Distributor: Mediacorp





### Episode 1: My Happy Space

You're Invited!  
Italy. Malaysia. Singapore.  
Pizza, pineapple tarts & cinnamon rolls.

For some, it's kneading dough every day.  
For others, it's the simple act of baking.

The pilot episode of Tender Loving Food brings us across borders to see how both professionals and home cooks alike are coping with the pandemic by retreating into their happy spaces.

### Episode 2: Eating Together

How does sharing nasi ambeng off a dulang (tray) make the meal special? Why is learning a beef lung rendang recipe through video call so important? What makes a bowl of homecooked mee tai mak a heirloom dish? Dig in, savour and slurp up these dishes with three families and find out how memories of family, and home become so important when they have a meal together.

### Episode 3: The Taste Of Home

Why is assam laksa quintessentially Penang, Malaysia?  
What memories do steamed eggs hold for you?  
And what cookie did millions of Chinese nationals grow up on?

This episode of Tender Loving Food tells the story of how people found comfort during the pandemic by looking inwards, conjuring up their favourite childhood snacks, hometown delicacies and grandma's cooking.

### Episode 4: Cooking Together

Find out how a ragu tagliatelle recipe passed down through three generations brought an Italian family together during the lockdown. Discover the highs of running a home bar in Singapore as a couple shares their favourite cocktail recipes. Soak up the quirks of a Singaporean family as they turn their kitchen into a playground for the kids. That's what happens when you cook together during the pandemic.

### Episode 5: Creative Juices

Creation is their outlet and food is their comfort. When our creatives put the two together, you get rice dumplings that become works of art, Malay kuihs that turn into beautiful creations and pandan cupcakes that are picture perfect productions. COVID-19 may have dampened spirits, but it has also gotten creative juices flowing.

### Episode 6: Communal Comfort

Food provides comfort. Enjoyed in a communal setting, it soothes the soul, feeds the masses and provides salvation for those on the fringes of society. From oak-smoked American southern style barbecue to chewy mochi-like muah chee and huangpi three delicacies of fish and pork balls and patties, watch how these time-consuming delicacies provide communal comfort on the ground through the sharing of food.

### Episode 7: Our Comfort Food

What do South American oak-smoked BBQ, a Chinese stew called Huangpi Three Delicacies and Singapore-style mochi have in common? They don't share any ingredients. And their recipes cannot be any more different. But they go a long way in making bellies happy across the world. Comfort food may be different depending on where you call home but they will for sure strengthen the bonds with your loved ones and even strangers at times.

### Episode 8: New Beginnings

A career in quarantine. A step into the unknown. And a social media phenomenon.

From stir-fried butter prawns to lechon manok, savoury quiches to sourdough bomboloni...the final episode of Tender Loving Food explores new beginnings for three individuals in Indonesia, Taiwan and Singapore who are in pursuit of culinary success.





# 寄生

THE UNBREAKABLE BOND



当恶寄生在善之上，唯有真心是唯一救赎

SCRIPTED

MELODRAMA



## The Unbreakable Bond

Two brothers inseparable since young soon find themselves at a crossroad of forgiveness and revenge. Which will they choose?

For as long as he can remember, Yun Cong's stepbrother Yun Ze has always been sickly, depending on him donating his bone marrow to sustain the latter's life. Yun Ze not only depends on Yun Cong to live, but Yun Cong is also his only playmate during his growing up years, as a result the brothers are very close and inseparable. But that changes when they meet Shi Yuan, both are attracted to her strong and independent character. Yun Cong's mother Xiu Huan returns after 20 years and is saddened to see her son being used by his father Zhao Hua and resolves to claim him back. She dies before she can do so, and soon Yun Cong and Yun Ze discover the illegal dealings behind Zhao Hua's company and that may have caused Xiu Huan's untimely death. Both brothers are disappointed to find out the truth of their father's evil deeds, while one chooses to forgive, the other chooses revenge...

**Cast:** Ayden Sng, James Seah, Chantalle Ng, Guo Liang, Pan Ling Ling, Rayson Tan, Richard Low, Fang Rong, Ian Fang, Seow Sin Nee

## 寄生

两个从小就形影不离的兄弟很快发现自己处于宽恕和复仇的十字路口。他们会选择什么？

从他有记忆以来，云聪的同父异母兄弟云泽就一直体弱多病，全靠他捐献骨髓来维持后者的生命。云泽不仅依靠云聪生活，云聪也是他成长过程中唯一玩伴，因此兄弟俩非常亲密，形影不离。但当他们遇到石媛时，情况发生了变化，两人都被她坚强而独立的性格所吸引。云聪的母亲秀欢在20年后回来，看到她的儿子被父亲赵华利用，她很伤心，并决心把他夺回来。她还没来得及把云聪夺回就去世了，很快云聪和云泽就发现了赵华公司背后的非法交易，而这有可能导致秀欢英年早逝。兄弟俩都失望地发现父亲恶行的真相，而一个选择原谅，另一个选择报复。。。

**演员:** 孙政, 谢俊峰, 黄暄婷, 郭亮, 潘玲玲, 陈泰铭, 刘谦益, 芳榕, 方伟杰, 萧敬霓

Language: Chinese

For sales enquiries on content distribution:

**Grace Chia** gracechia@mediacorp.com.sg

**Pamela Teo** pamelateoww@mediacorp.com.sg

**Tracy Sim** tracysim@mediacorp.com.sg

<http://contentdistribution.mediacorp.sg>

Episodes: 20 x 60 minutes  
Producer: Mediacorp Studios  
Distributor: Mediacorp

Information correct at time of printing



Media remains as one of the best medium to promote our culture, heritage and food. Keeping this in mind, we have put together a list of our Documentaries, Drama, Entertainment and kids programs for purchase or exchange:

Radio Televisyen Malaysia



 <https://www.rtm.gov.my>

### **CHIKI BOOM: (30 minutes/30 episodes)**

- Children's program based on education and activities on general knowledge, science and leisure entertainment.

### **SIMFONI ALAM: (30minutes/13 Episode)**

- A documentary revolves around the diversity in natural and human ecosystems by looking at the impact and efforts made in restoration, conservation, research and technology in an effort to control and reduce the impact on development, Broadcasts weekly and often used as a scholarly reference by local universities and the Malaysian community.

### **SYAHADAH (30 minutes/30 episodes)**

- A Documentary program that takes the audience in a journey to explore the beauty of Islam in the context of Hijrah and share the way of life, success stories, and Culture of muslim community in Malaysia and around the world.

### **PANORAMA: (30 minutes/30 episodes)**

- This magazine program feature unique human interest topics trending in Malaysia as well as global events and happenings.

### **KONSERT ORANG KITA: ( 2 hours)**

- 'Konsert Orang Kita Orkestra RTM' is a special musical program to celebrate the existence of indigenous people (Orang Asli) in Malaysia. An initiative to broadcast the heritage and culture of the Orang Asli in Malaysia so that it is always preserved. Not just entertainment but also contributing to education and development. Also included modern Malay songs and cultural performances from the Orang Asli tribe.

### **APARTMENT PUTRA: (30 minutes/30 episodes)**

- This 13 -episode sitcom drama brings a variety of characters and community stories set against the backdrop of an apartment in the heart of Kuala Lumpur. It includes recent issues including public information related to the Covid-19 case and quarantine.



**17<sup>th</sup> AMS 2022**  
*Pacific Extravaganza*

# ***CONTENT SHOWCASE***

Featuring Content from :



**FIJIAN  
BROADCASTING  
CORPORATION**



▶ ***Embracing colours of Diversity***

▶ ***Reaching New Audiences***

▶ ***Local to Global***



+6016-6028568



admin@aibd.org.my



@myaibd



www.aibd.org.my